

NEWSLETTER



May 2022, Issue 2



Coach Parso and Player/Coach Fergie with Paul West from CBBC.

Coach Collaboration

Our first "Coaching the Coaches" event for the year took place on April 9th. It was a well received and informative morning at Bendat under the knowledgeable guidance of Matt Parsons, coach of the Perry Lakes Hawks Men's NBL1 Team. Matt was joined by NBL1 Perry Lakes Hawks player, Andrew Ferguson.

The instructors were ready, and with AV equipment and a whiteboard on hand there was no turning back. The crowd was focused and ready to absorb key defensive principals and offensive structures which came their way. Clear explanations of coaching fundamentals reinforced methods for coaches to support their players' development. The morning was enriched with personal stories from the journeys both Matt and Andrew have taken to get where they are today, and their passion for basketball and mutual respect for each other was evident.

Continued page 2...

THIS ISSUE

Announcements	P1
Coach Collaboration	P1, P2
Gold Sponsors	P2
Ask Megan	P3
Committee	P3
WhatsApp-ening	P4
Silver Sponsors	P4
Dog Refuge Donations	P4

ANNOUNCEMENTS

- Thanks to Regenerate Physiotherapy and Peak Podiatry who ran a successful Medical Information Night on 25th May, at Regenerate Physiotherapy in Wembley.
- Please "Save the Date" Friday 10th of June for our Club Night. It will be an exciting NBL1 battle between our Perry Lakes Hawks and the Joondalup Wolves.
- Team photos continue for the last weekend on 27th & 28th May, at Bendat in the café area.



Coach Matt Parsons and NBL1 Hawks Player Andrew Ferguson put their combined knowledge to good use coaching the coaches.

Coach Collaboration

Coaches who attended left with a smile and no homework, except to make sure that players continue to have fun along the way.

The presence of coaches of all ages indicated a club with a willingness to learn and inspire their players with fresh drills and skill sets. We hope we can entice Parso and Fergie back with more offerings of chocolate later in the season.

Contact **Proximity Hoops** on Facebook for more of the sports services Matt and Andrew provide to athletes and coaches.

Meet our Gold Sponsors

CBBC is very pleased to welcome four wonderful companies as GOLD sponsors of City Beach Basketball Club. We look forward to supporting these great community minded local businesses. Take a look at their websites below to find out more.



DUET

 **Locafy**

 **Hart & Co.**

New Home Building Brokers : <https://www.nhbb.com.au>

Duet Property Group : <https://www.duetproperty.com.au>

Locafy : <https://locafy.com>

Hart & Co : <https://hartandcoappliances.com.au>

Ask Megan

The CBBC Committee work hard backstage throughout the long season. On most days there is someone with a junior basketball question, a registration hiccup, a query regarding a player, a rule to confirm, or a problem to solve. In many instances the response to these queries is met with "I'll ask Megan". Maybe you need a code, a key, or a contact, how do we, or where do we get the, yep, I'll just go ask Megan.

So, who is this wise and all knowing wizard of the club? A wizard, yes, in the most complimentary sense of the word, because she does so much more than your average volunteer. No fancy wand or cape, just a flowing fount of club knowledge, on hand, week after week. She wields her strengths of fairness and equality for any decision that comes her way, she is selfless and hardworking, never looking to take credit or receive a gift. It is not uncommon for Megan to email you an answer after 11pm or to get in her car and drive out of her way to open a gym door because someone forgot the key.



Megan Watters, Vice President and wizard at CBBC.

Yes, she has a family, she plays basketball herself, has been a coach, a manager, a club president, she supports her daughter in the NBL1, remembers to feed her dog and manages make time for the many juniors that make up over 80 teams at CBBC.

Thank you for your dedicated years of volunteering, long hours and helping this junior basketball club to continue to flourish in 2022. You are extraordinary, we can't thank you enough.

2022 Committee

Paul West	(President)
Megan Watters	(Vice President)
Matt Pickford	(Treasurer)
Franklyn Jardine	(Secretary)
Meike Chang	(Equipment Coordinator)
Sally Hansen-Knarhoi	(Registrar)
Danielle West	(Communications Officer)
Tania Salmon	(Events Coordinator)

General Committee Members:

**Mel Williams, Bev Harland, Gavin Burnett,
Andy Carr and Jody Gardiner.**

General Contact: admin@citybeachbasketball.org



Our family friendly Club Night at the NBL1 is not far away. Look out for more details via email and Facebook on how to book your free seat, volunteer to help out on the night and more.

**Thank you to our
Silver Sponsors**



**Regenerate Physiotherapy
in Wembley**



Peak Podiatry in Shenton Park



Solas Orthodontics in Wembley



**APE Medical Suppliers
in Osborne Park**



**Probroker Mortgage and Financial
Specialists in West Perth**



WhatsApp-ening

In 2022, CBBC endeavoured to make communication between its coaches and managers more efficient, by establishing a WhatsApp group for all team managers and coaches. Although it has only been in place for a few weeks, it has already become a great platform for many club members to connect with each other, with the sharing of useful advice regarding game day fill-ins, uniform exchanges, coaching advice and general PlayHQ queries. Users can seek immediate responses to the frantic or last minute challenges that they are often faced with. Conversations can then be diverted to personal messaging with relevant parties.

CBBC appreciates the effort at which members have embraced it in such a functional and positive manner, making it an accepted addition to the club's website, emails, newsletters and Facebook page.

Dogs Refuge Donations

Do you have any unwanted or worn basketballs lying around? The dog shelter is happy to accept any old basketballs for the pooches to play with until they find their forever family. Secondhand towels and donations of dog food are also gratefully accepted. Please deliver your donations to:

Dogs Refuge Home, 30 Lemnos Street, Shenton Park.

