

NEWSLETTER



May 2023, Issue 7



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ANNOUNCEMENTS

- **Save the Date - Saturday, 20 May for the CBBC Club Night. See Page 2 for more information.**
- **Follow us on Facebook (or check out our website www.citybeachbasketball.com) to receive the latest Club news.**
- **Team photos are coming up! See Page 3 for more information.**

We're Back on Court!

The 2023 season has gotten off to a flying start. This season we have 87 junior teams, six U8 miniball teams and over 775 players, all playing across three locations for the first time.

Big thanks to our registration team (Mel, Sally, Tania, Megan & Ann-Marie) who worked hard over countless hours and emails to put all our teams together.

An even bigger thank you to our property team (Meike, Jody & Janelle) who have clothed our teams with singlets and shorts. What also goes on behind the scenes is the property team putting together each team kit bag with balls, markers, singlets and shorts. This takes hours, on top of all the last-minute singlet changes and shorts purchases.



A few of our U8 miniballers enjoying their first session and their new balls.

COACHING THE COACHES CLINIC

By Andy Carr (CBBC Coaching Co-Ordinator)

Saturday, 22 April at BBC, it's time for the world famous CBBC "Coach the Coaches" clinic, 2023.

Westy has recruited two of the best coaches in the state, Matt Parsons and Luke Coburn, to run the session. There is a good turnout, with over 40 coaches from the club eager to pick up some top tips from the experts. We weren't to be disappointed as Matt and Luke explained how to put together a training plan for our teams.

The group then split in two, with Luke taking the U8 to U12 teams and Matt taking the U14 to U18 group. Lots of light bulbs came on when Matt explained the famous "5 out motion offence!"

All in all, it was a very good morning session, with some great insights from the experts and lots of inspiration to take back to our teams. Thank you, Matt and Luke. We're looking forward to the next session already!



Don't forget, Club Night is this Saturday (20 May). We'd love to see you and your families there! It's a FREE event for all CBBC families.

All kids get a free drink and snack on arrival.

2023
City Beach Basketball

CLUB NIGHT
at the NBL1

Perry Lakes Hawks
vs
Kalamunda Suns

Women Tip-off 6pm & Men Tip-off 8pm

Collect token from 5.15pm in foyer of
Bendat Basketball Centre

Free entry
for CBBC
Families!

Half-time
Games

Please RSVP
using link sent
to your email

2023 CBBC Committee Members

Paul West	President
Megan Watters	Vice President
Matt Pickford	Treasurer
Franklyn Jardine	Secretary
Meike Chang	Property Officer
Sally Hansen-Knarhoi	Registrar
Danielle West	Communications
Andy Carr	Coaching Convenor

General Committee Members:

Mel Williams
Jody Gardiner
Tania Salmon
Janelle Kavanagh
Peter Fong

For all admin enquiries, email Ann-Marie
admin@citybeachbasketball.org

TEAM PHOTOS

PERRY LAKES HAWKS JUNIOR COMPETITION
TEAM PHOTOS

DATES AND TIMES		LOCATION
May 19th:	3.40pm - 8.30pm	Bendat Basketball Centre Cafeteria
May 20th:	7.30am - 5.30pm	
May 26th:	3.40pm - 8.30pm	UNDER 8'S
May 27th:	7.30am - 5.30pm	
		May 23rd: 4pm - 6pm

Team photos will be taken at Bendat (near the Café) on 19/20 May and 26/27 May. **There is no need to make a booking.** Just turn up on the day (probably best prior to the game before the kids get all hot & sweaty) to get your team photo taken.

U8 team photos will be taken on Tues, 23 May.

Support our Refs!

CBBC are so thankful for our young referees in training. It takes some grit and determination to get on the court and referee a game!

The refs are children, they are learning too, let's show them appreciation for doing their very best.

This competition is equally as much about developing our referees as it is about developing our players.

**NO | NO
 REFS | PLAY**

Your passion is admired
 Your support is needed
BUT- so is your self control

Yelling, abusing the referee's will embarrass your child, annoy those sitting around you and..... will discourage our young referee's from continuing to build their skills and referee.

If you have any concerns regarding the game at hand, please raise them with your coach and not with the referee.

SPECIAL THANKS TO OUR 2022 SPONSORS

Gold Sponsors



Silver Sponsors



2022 Season President's Report

By Paul West (CBBC President)

For those of you who don't know who I am, I am Paul West and I have been president of the City Beach Basketball Club for the last four years.

Firstly, I would like to say thank you to all of you who attended the AGM back in December 2022, as well to all Coaches and Managers for their commitment to City Beach Basketball Club during the 2022 season. I hope it was positive enough for you to want to do it again in 2023.

The club managed to achieve a lot and as it turned out 2022 was a big year for us.

We had 32 girl teams and 55 boy teams, with a total of 767 players.

It was the first time we had a paid part time Admin Officer! I would like to thank Ann-Marie Cooper for all her help in 2022 and for making it a lot easier for the committee to get things done.

Initially, we were looking to increase the player fees to help pay for this position, however I am pleased to say our growing sponsorship base has covered this cost. The club is fortunate to have four wonderful gold sponsors in NHBB, Hart and Co, Locafy and Duet, along with Probroker and our other silver sponsors. These sponsors have been critical to the ongoing success of the club, and I hope our members will support the organisations that support the club.

Another thing we have tried to do better in 2022 is improve our communication with our members. No doubt you would have all pawed over the five great newsletters the club prepared last season and I would like to thank Danielle West, the club's Communications Officer and Ann-Marie Cooper for putting these together. We also set up a Coaches and Managers WhatsApp group and this was crucial for us in finding fill-ins for our covid affected season.

I really do think we are the best junior sporting club in the state. Other milestones this year included:

- donating more than 300 jerseys to BWA's Indigenous Program;
- hosting a medical night that provided guidance on the management of common basketball injuries. Big thank you to Peak Podiatry and Regenerate Physiotherapy;
- holding two Coach the Coaches sessions with NBL1 Coach Matt Parsons and NBL1 2021 Finals MVP Andrew Ferguson; and
- hosting the best NBL1 club night for our CBBC families.

Another area of communication that the club improved was our activity on Facebook. If you aren't connected to us on Facebook, I suggest you "follow" us, as we provide lots of interesting, and often humorous, information for all our members.

Our WhatsApp page was great for managers to manage their teams. In 2023, we hope to be even more connected with our coaches by setting up a WhatsApp group just for coaches to share ideas.

This was the second year of us rolling out the CBBC basketball shorts - I am sure you all agree that the shorts look great. Well done to Meike Chang and her amazing team of helpers for managing to get all our players properly dressed given the supply chain challenges that we all faced in 2022. Thank you Meike for all your great work.

CBBC meets regularly with other representatives from the other clubs and Hawks. One of the biggest challenges the clubs and Hawks seem to have at the moment is managing the massive popularity of basketball. All competitions around the Perth area seem to be experiencing unprecedented interest. It is understood that the Perry Lakes competition is already at capacity, with the hope of more courts being secured elsewhere, so more players can join this great competition.

In 2022, we moved from Gameday to PlayHQ. Yes, it is disappointing that it isn't an app. Although there are negatives, there are many positives with the system. The primary benefit of the system is that the registration process was a lot simpler for both the club and players.

I am a massive fan of our small but dedicated committee of volunteers, who do a huge amount of work for the club.

Your 2022 committee consisted of Meike Chang, our superstar Property Officer, Megan Watters our amazing club Vice President who goes above and beyond to help anyone needing assistance within the club, Matt Pickford the Treasurer who makes sure we have enough money in the bank account and ensures our suppliers get paid, Sally Hansen-Knarhoi, our fabulous Registrar, Franklyn our Secretary; our big picture person who makes sure the club moves in the right direction, Danielle West, our Communications Officer and Facebook wizard, Bev Harland, our Coaching Co-ordinator, and Mel Williams, Andy Carr, Jody Gardiner and Tania Salmon, who all provided valuable support at our committee meetings and are always happy to put their hand up to help.

Sadly, Bev Harland finished up with the committee in 2022 and the club wishes to thank her for all her help over the last two seasons.

We are still keen to attract members to the committee given most of the committee members now only have kids playing in u16s or u18s. It was very positive that at the start of the 2022 year we were able to attract several new committee members, including a registrar, however we still need new members joining the committee each year so that they can learn the ropes.

There are many benefits to joining the committee, your team gets priority training court times, you will get a rebate of up to two City Beach Basketball Club player fees and, most importantly, you will have the ability to shape the club.

I encourage anyone who thinks they have something to offer in the way of skills, fresh ideas, or enthusiasm, to put their hand up and get more involved. I thank our new committee and our upcoming 2023 volunteers for stepping up to help keep our club strong and continually improving.

Thank you to all of you for being involved in this great club and I look forward working with you all to have a successful 2023 season.

Paul West
2 December 2022